



## **TOTAL INPATIENT POPULATION**

The Rehabilitation Institute offers an extensive array of inpatient rehabilitative services for individuals, 18 years and older, with impairments resulting in activity limitations and/or participation limitations and is licensed by the Florida Department of Health and Rehabilitation Services as the only Comprehensive Medical Rehabilitation Hospital in the Pensacola area as well as the panhandle's only state designated Brain and Spinal Injury Program. We are accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF) as a comprehensive inpatient program that focuses on returning the person served to maximum independence under the guidance of a team of physicians and professional staff. Patient treatment plans are individualized with your needs and preferences in mind to include medical acuity and stability, functional and behavioral status, and cultural preferences. You will be attending 3 – 4 hours of therapy at least 5 days/week. The success of the program is measured by individual outcomes utilizing a national data bank system (Uniform Data System).

In 2015 we discharged 609 patients to the Rehabilitation Institute. Our average length of stay was 13.2 days in our facility as compared to 14.4 nationally. 76.4% of individuals admitted were discharged to home compared to 74.8% nationally. Persons served that were discharged to acute care accounted for 8.9% of the population as compared to 10.3% nationally. We discharged our patients at a higher functional average than the nation. 97% of our patients stated they were extremely satisfied or satisfied with the services received at the Rehabilitation Institute at follow-up.

### **Objectives**

- Regaining independence in functional activities, such as self-care and mobility.
- Improving communication, problem solving, memory and social interaction.
- Training in use of adaptive equipment to assist in becoming more functionally independent
- Learning about the impairment and adjusting to any activity limitations and participation restrictions.
- Assisting with participation in leisure and recreational activities.
- Transitioning to home or the least restrictive alternative level of care.
- Serving as a resource in the community for persons with physical rehabilitation needs and caregivers.
- Returning to productive roles at home, workplace, school, and in the community.
- Incorporating wellness and prevention in life choices.

Your Case Manager will be meeting with you to discuss what services are covered by your insurance and what resources are available for non-covered services.