



WEST FLORIDA HOSPITAL

CANCER PROGRAM

ANNUAL REPORT 2015



West Florida
HEALTHCARE

West Florida Hospital Cancer Care Program

West Florida Hospital is proud to offer a Cancer Care Program that includes caring, compassionate physicians, nurses, and a multitude of allied health professionals who are specially trained to care for patients with cancer and blood disorders. West Florida Hospital has a Community Cancer Program accredited by the Commission on Cancer of the American College of Surgeons, and has been continuously accredited since January 1, 1988. To earn accreditation, West Florida Hospital successfully completes an onsite Commission on Cancer survey every three years that assesses compliance with 34 standards, which include program management, clinical services, continuum of care services, patient outcomes, and data quality.

Individual patient cases are reviewed during regular multidisciplinary tumor boards, further promoting multi-disciplinary collaboration and best practices. A cancer committee, comprised of members of West Florida Hospital's medical, administrative, nursing and key support staff, meets quarterly to review the entire program. The committee identifies strategies to satisfy all 34 standards established by the American College of Surgeons Commission on Cancer. Annual Cancer Program goals are set and reviewed, and quality indicators are discussed to identify opportunities for improvement.

West Florida Hospital Cancer Program Goals

Annual goal setting provides direction for the strategic planning of cancer program activities and serve as the basis for cancer program evaluation and accomplishing improvements, per the Commission on Cancer. Our Cancer Program goals for 2015 were as follows:

- ❖ **Clinical Goal.** Increase lung screening secondary to the large number of lung cancer cases seen at our facility. This goal was achieved by raising awareness of the lung screening program.
- ❖ **Programmatic Goal.** Introduce a speaker once a year at Cancer Conference to promote education. This goal was achieved with Rami Owera, MD, speaking on the role of immunotherapy for cancer patients.

Cancer Committee Membership 2015

West Florida Hospital's Cancer Committee is a multidisciplinary team with physician representatives from Surgery, Medical Oncology, Radiation Oncology, Radiology, Pathology, and Psychosocial Services and non-physician representatives from Administration, Nursing, Education, Rehabilitation, Cancer Center, Patient Navigation, Quality Improvement, and Cancer Registry, as well as other respected members of the health care team. The committee meets quarterly to provide leadership in evaluating, monitoring, and coordinating cancer-related activities and programs throughout West Florida Hospital.

Patrick Dial, MD / Jon Moore, MD

Cancer Committee Chair
Cancer Conference Coordinator
Surgical Oncology

K. C. Donahey, COO / Sharon Dillard, ACNO

Cancer Program Administrator

Irfan Ahmed, MD

Radiation Oncologist

Lakshmi Gopal, MD

Gastroenterologist

Anthony Doerr, MD

Urologist

Debbie Wroten, RHIA, VP Quality/

Brenda Pearson, RN

Quality Improvement Coordinator

Janet Haugen, RN / Kimberly Lawrence, RN OCN

Oncology Nursing Representative

Rachel Forehand, RN

Patient Navigator

Angie Hyczyk / Temple Parton

Mammography

Kendrick Doidge

Marketing

North Davis, MD / Andres Candela, MD

Cancer Liaison Physician
Pathologist

Rami Owera, MD / Jamal Joudeh, MD

Clinical Research Coordinator
Medical Oncology

Joann Massey, Psy.D.

Psychosocial Services Coordinator

Carl Blunck, MD / Henry Lusane, MD

Diagnostic Radiologist

Nina Clark, RN / Elizabeth Matthews, RN OCN

Community Outreach Coordinator

Nicole Burmeister-Kintz, CTR

Cancer Registry Quality Coordinator
Certified Tumor Registrar

Autumn Cook

Cancer Center Director

Teresa Johnson, RN / Bryan Hudson, RN

Case Management

Linda Baily

Speech Rehabilitation

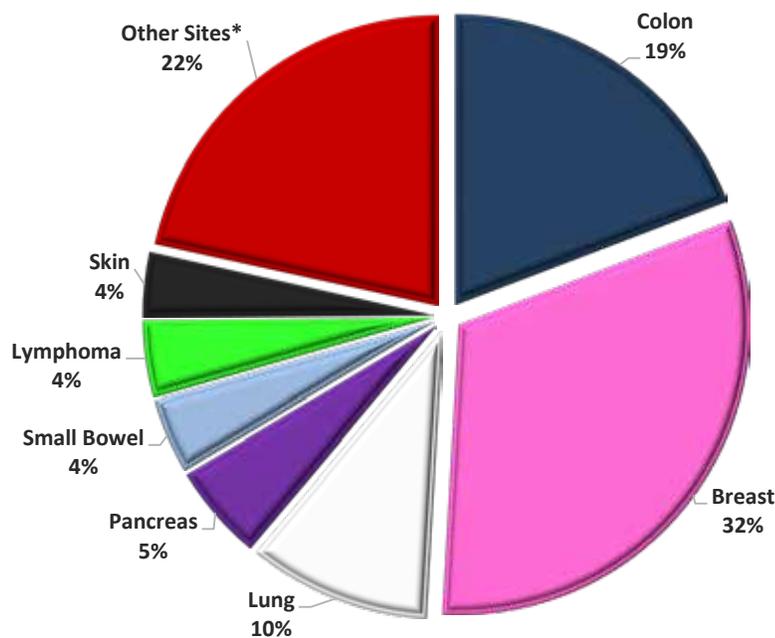
Jill Pait

American Cancer Society

Cancer Conference

A multidisciplinary cancer conference is held weekly at West Florida Hospital with the first and third week of every month designated for breast cancer cases. Attending the conferences are surgeons, radiologists, pathologists, medical oncologists, radiation oncologists, and other specialty physicians as well as nurses, patient care navigator, and other members of the hospital care team who are driven to provide the best quality of care to patients diagnosed with cancer. Treatment planning using evidence-based treatment guidelines as well as options for clinical trials are discussed in a multidisciplinary environment to provide the patient with the best care possible. In 2015, 167 cases were presented at Cancer Conference, and breast cancer was the leading primary site discussed among the interdisciplinary team.

2015 CANCER CONFERENCE CASES



*Other sites include but not limited to bone, esophagus, liver, bladder, kidney, soft tissue

Cancer Registry

The Cancer Registry at West Florida Hospital is a vital component of the Cancer Program, providing data for programmatic and administrative planning, research, and for monitoring patient outcomes. Data are collected according to the current standards of the Commission on Cancer to create a detailed cancer-focused record for all reportable tumors diagnosed and/or treated at our hospital. Each record entered into the database contains information on the diagnosis, extent of disease, treatment received, recurrence of disease and lifetime follow-up for each patient.

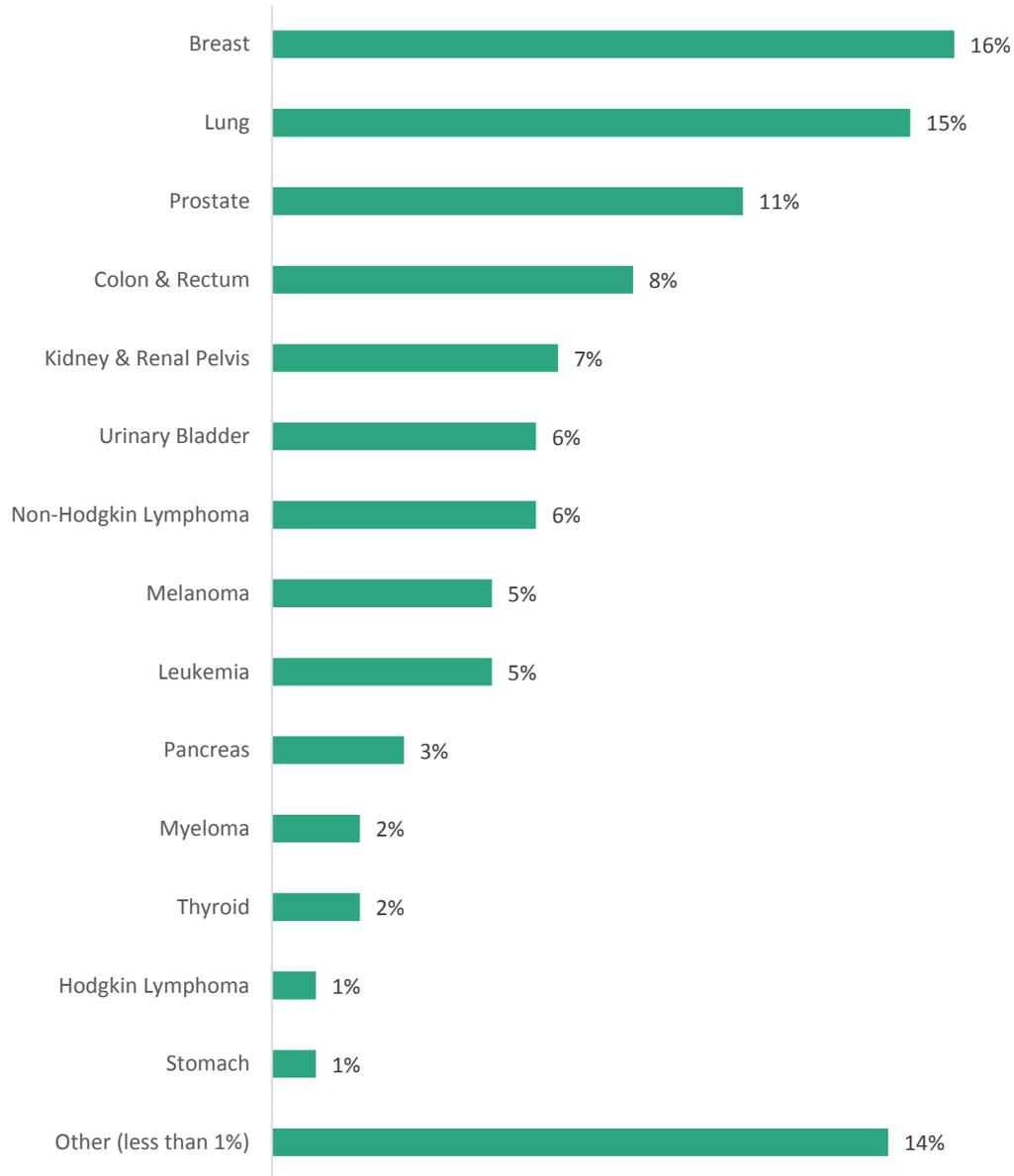
A Cancer Registrar performs the collection, interpretation, analysis and reporting of cancer data. The National Cancer Registrars Association defines Cancer Registrars as “data management experts who collect and report cancer statistics for various healthcare agencies.” Registrars provide support for cancer program development, ensure compliance with reporting standards, and serve as a valuable resource for cancer information with the ultimate goal of preventing and controlling cancer. The Cancer Registrar is involved in managing and analyzing clinical cancer information for the purpose of education, research, and outcome measurement.

All approved Cancer Programs are required by the Commission on Cancer to submit registry data that is error free to the National Cancer Data Base (NCDB) annually. As a result of the data submission to the NCDB, programs are able to benchmark their performances and outcomes to that of regional, state, and national patterns. In addition, West Florida Hospital’s cancer data is submitted to Florida Cancer Data System (FCDS). All reported data is used to support research, track trends, initiate epidemiologic studies, and provide data for allocation of services.

A total of 928 patients diagnosed with cancer were seen at West Florida Hospital in 2015. Of these patients, 678 (73%) were analytic while 250 (27%) were non-analytic; 489 were men and 439 were women. The data from the Cancer Registry was submitted error-free to FCDS and NCDB in accordance with standard guidelines.

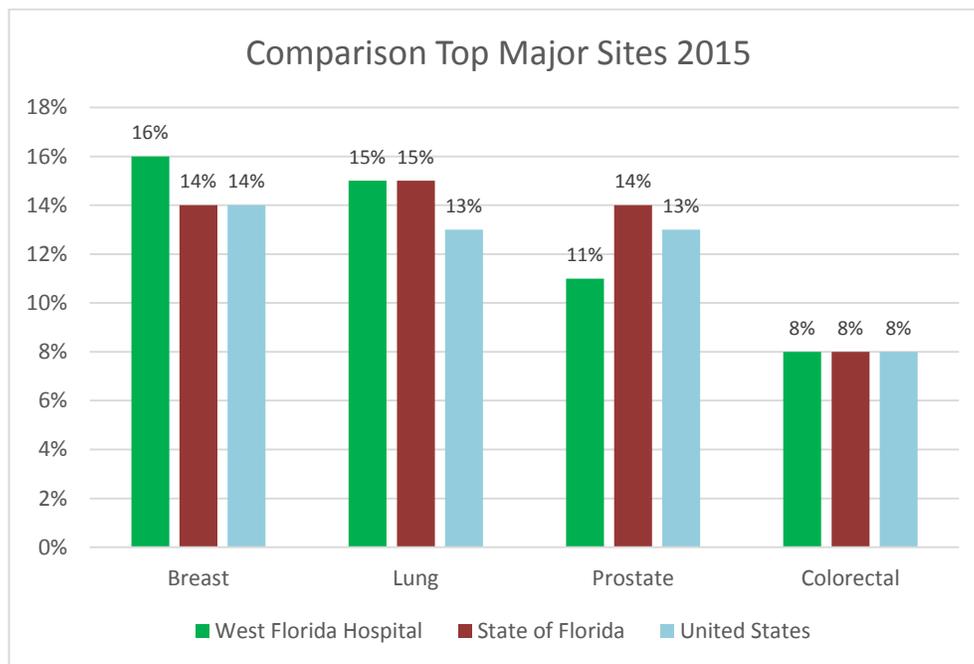
2015 Cancer Data Summary

West Florida Hospital Percentage of Newly Diagnosed Cases in 2015



Top Major Sites

The American Cancer Society published that in 2016, invasive breast cancer will be diagnosed in about 246,660 women and 2600 men. An additional 61,000 new cases of in situ breast will be diagnosed in women. Breast cancer is the most frequently diagnosed cancer in women. At West Florida Hospital, breast was the number one cancer site diagnosed in 2015. Lung cancer is the second most commonly diagnosed cancer in both men and women while colorectal cancer is the third most common cancer in both men and women across the nation. The American Cancer Society reports that men are twice as likely as women to be diagnosed with kidney cancer and prostate cancer is the most frequently diagnosed cancer in men aside from skin cancer. The graph shown below illustrates the top major cancer sites at West Florida Hospital by the percent seen at West Florida Hospital, the estimated percent from the state of Florida and the estimated percent across the United States for 2015.

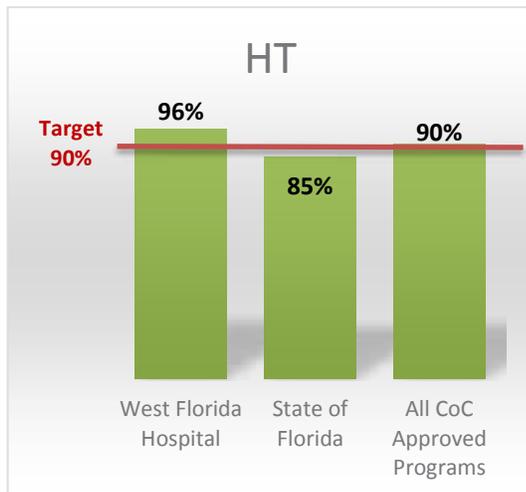


American Cancer Society Inc., Surveillance and Health Policy Research, Facts and Figures, 2015
State and U.S. figures are estimated for 2015. Hospital figures are actual

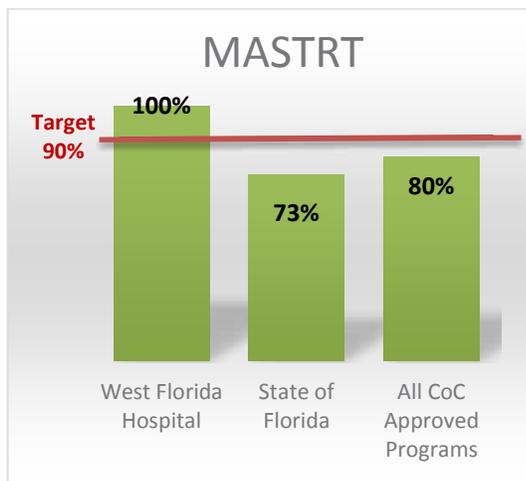
Accountability and Quality Improvement Measures

The Cancer Committee ensures a platform to evaluate care within and across disciplines to discuss processes that work and to evaluate how processes can be improved to promote evidence-based practice. They also ensure that patients with cancer are treated according to nationally accepted quality improvement measures. Our performance rates below reveal the number of breast and colon patients treated at West Florida Hospital in 2014 according to recognized standards of care. When comparing data with the state of Florida and all CoC approved programs, West Florida Hospital remains a leader in delivering excellent quality care to patients. Data reported utilizing the Rapid Quality Reporting System (RQRS).

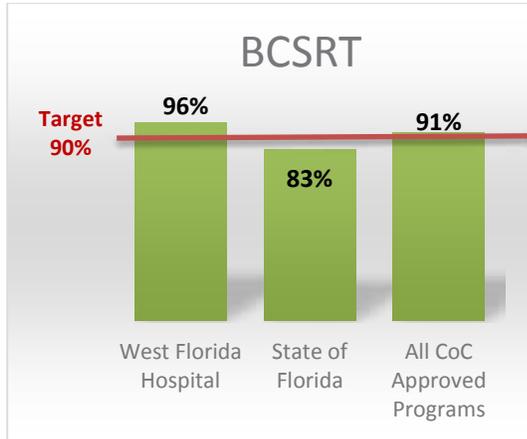
Breast



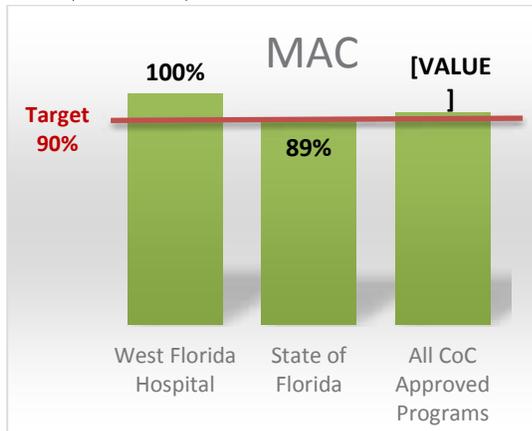
HT - Tamoxifen or third generation aromatase inhibitor is considered or administered within 1 year (365 days) of diagnosis for women with AJCC T1c or stage IB-III hormone receptor positive breast cancer (Accountability)
CoC Standard = 90%
West Florida Hospital = 96%



MASTRT - Radiation therapy is considered or administered following any mastectomy within 1 year (365 days) of diagnosis of breast cancer for women with ≥ 4 positive regional lymph nodes (Accountability)
CoC Standard = 90%
West Florida Hospital = 100%



BCSRT – Radiation is administered within 1 year (365 days) of diagnosis for women under



the age of 70 receiving breast conservation surgery for breast cancer (Accountability)

CoC Standard = 90%

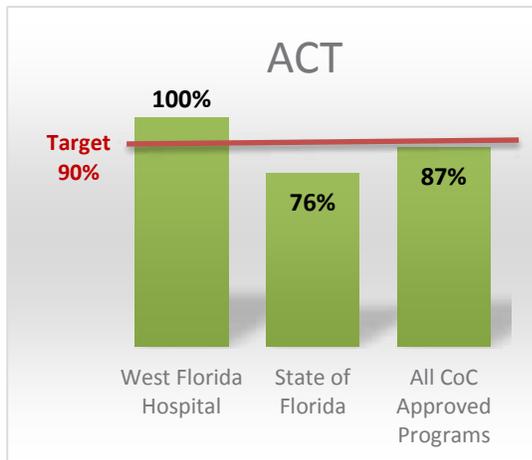
West Florida Hospital = 96%

MAC – Combination chemotherapy is considered or administered within 4 months (120 days) of diagnosis for women under 70 with AJCC T1cNO, or stage IB-III hormone receptor negative breast cancer (Accountability)

CoC Standard = 90%

West Florida Hospital = 100%

Colon

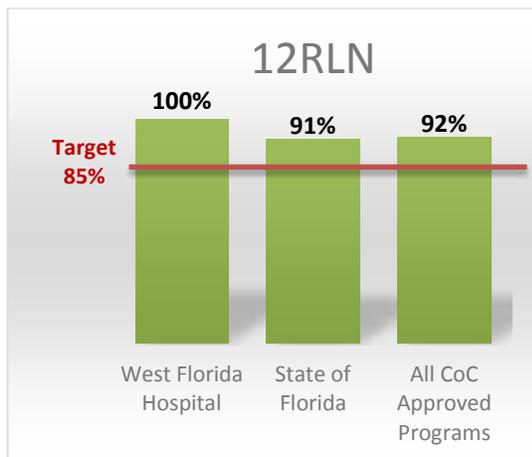


ACT – Adjuvant chemotherapy is considered or administered within 4 months (120 days) of diagnosis for patients under the age of 80 with

AJCC stage III (lymph node positive) colon cancer (Accountability)

CoC Standard = 90%

West Florida Hospital = 100%



12RLN - At least 12 regional lymph nodes are removed and pathologically examined for resected colon cancer (Quality Improvement)
 CoC Standard = 85%
 West Florida Hospital = 100%

Community Outreach

Community engagement is a vital part of West Florida Hospital's commitment to patient care and education. West Florida Hospital coordinated many outreach, prevention and screening initiatives to serve our community in 2015. Based on the identified needs of the community, the prevention and early detection/screening programs offered each year are monitored to ensure that appropriate services are provided to patients and the community. A few of the screening and prevention programs are noted below:

- ❖ **Outpatient Smoking Cessation Program:** There were 16 individuals who participated in this six-week program designed to help participants quit smoking, reduce the number of cigarettes smoked per day by those unable to quit, increase healthy lifestyle behaviors in the areas of physical activity and nutrition, enhance a sense of self-control, and improve life skills such as stress management, decision making, coping, and interpersonal skills.
- ❖ ***Love Your Body, Love Yourself:*** This two-part seminar was presented by Dr. Jennifer Payne and 2008 Fitness Olympian Laticia "Action" Jackson who addressed issues such as body-image, fitness, beauty, and self-esteem. A total of 54 attendees attended this two-part seminar.
- ❖ ***Importance of Early Detection in Colorectal Disease:*** This seminar had a total of 9 attendees who learned about modifiable and non-modifiable risk factors and current recommended screening methods

- ❖ *Red Hot Mamas: Understanding Breast Changes:* This seminar had a total of 9 attendees who learned about breast changes due to age, hormonal changes, risk factors, monthly breast self-exams, and recommended mammography screening. Two mammography employees were on-site to answer screening questions and referrals.
- ❖ *Inpatient Smoking Cessation Program:* Patients are asked during their hospital visit if they have a history of smoking or currently smoking. If so, patients are referred to our smoking cessation facilitator. From January 1, 2015 to November 12, 2015, our smoking cessation facilitator has screened **186** inpatients.
- ❖ *Lung CT Screening Program:* This program began in 2013. Between January 1, 2015, and November 13, 2015, West Florida Hospital has
 - Received 87 calls of interest
 - Completed 70 screens on eligible individuals
 - 48 screens were negative
 - 20 individuals had positive results
 - Two individuals have pending results
 - One of the screenings resulted in bronchoscopy
 - None of the screenings resulted in surgery
 - **Follow-up care** for positive findings is based on NCCN guidelines for lung cancer screening, ordered by a physician, and discussed with the patient. Depending on the results, antibiotic therapy, short-term interval chest CT, PET/CT, biopsy or surgery could be recommended.
- ❖ *PSA Screening Program:* This is in addition to employee health screening at Gulf Power Company. A total of 365 men were screened with two participants having >4 PSA result. Follow-up for >4 PSA occurred with recommendations to make an informed decision with participant's physician.
 - Note: The American Cancer Society and The U.S. Preventive Services Task Force do not recommend PSA-based screening for prostate cancer in asymptomatic men in the general U.S. population, regardless of age. Both organizations recommend that men have a chance to make an informed decision with their health care provider about whether to be screened for prostate cancer.
- ❖ *Red Spots, Brown Spots, Skin Cancer: How to Tell the Difference:* This seminar and screening was presented by Dr. Kevin Welch of Dermatology, who screened 31 people with 9 participants having suspicious lesions. Anyone with a suspicious lesion was given recommended referrals to the dermatologist of their choice. Guidelines from the American Academy of Dermatology were followed. All attendees received information regarding sunscreen, sun protection, and accessing a dermatologist.
 - According to CDC's Morbidity and Mortality Weekly Report, a total of 7,233 heat exposure deaths occurred in the United States from 1999 to 2009. Skin cancer UV exposure attributes to the incidence of skin cancer. Therefore, sun protection is a vital aspect for long-term quality of life. Melanoma, the most serious type of skin cancer, kills more than 762 Floridians annually. Escambia County is one of the highest counties for melanoma mortality.



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